Bonida SF

Bone & Joint Formula

SUPPLEMENT FACTS

Serving Size: 3 Tablets Servings Per Container:30

	Amount Per Serving	% Daily Value
Vitamin C (from Calcium Ascorbate)	60 mg	67%
Vitamin D (from Cholecalciferol)	125 mcg	625%
Vitamin K (from MK-7)	15 mcg	13%
Calcium Citrate	600 mg	10%
Magnesium (from Magnesium Oxide)	50 mg	12%
Zinc (from Zinc Citrate)	5 mg	45%
Copper (from Copper Gluconate)	0.1 mg	12%
Boron Citrate	3 mg	*
Trace Mineral Blend	10 mg	*
Collagen (Hydrolyzed Type II)	80 mg	*
Hyaluronic Acid	30 mg	*
MSM	100 mg	*
Glucosamine (HCL & Sulfate)	1500 mg	*
Chondroitin Sulfate	100 mg	*
Boswellia (65% boswellic acids) Extract	250 mg	*
White Willow Bark	150 mg	*

OTHER INGREDIENTS: MCC, CELLULOSE, STEARIC ACID,

MAGNESIUM STEARATE