

SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (Retinyl Palmitate)	900mcg	100%
Vitamin C (Ascorbic Acid)	100 mg	111%
Vitamin D (Cholecalciferol)	20 mcg	100%
Vitamin B12 (Cyanocobalamin)	1000 mcg	41667%
Iodine (Potassium Iodide)	300 mcg	200%
Magnesium (Magensium Glycinate)	50 mg	12%
Zinc (Zinc Bisglycinate Chelate)	15 mg	136%
Selenium (Selenium Chelate)	50 mcg	91%
Folate (Folic Acid)	85 mcg DFE (50mcg folic acid)	13%
Lion's Mane Mushroom Powder (fruiting body)	150 mg	†
Grape Seed Extract 2:1	120 mg	†
Turmeric Root Extract	100 mg	†
Milk Thistle Seed Powder	80 mg	†
Lactobacillus Acidophilus	50 mg	†
Bifidobacterium Bifidum	50 mg	†
Green Tea Leaf Extract	50 mg	†
Alpha-Lipoic Acid	25 mg	†
N-Acetyl-L-Cysteine	25 mg	†
Coenzyme Q10	10 mg	†
BioPerine® Black Pepper Extract (fruiting body) (95% piperine)	5 mg	†

† Daily Value not established.

OTHER INGREDIENTS: VEGETARIAN CAPSULE. MICROCRYSTALLINE CELLULOSE.
MAGNESIUM STEARATE, SILICON DIOXIDE.